

Licensed To: Norbeck Hills Swim Team

RECORDS Norbeck Hills

14 & U	175 Free Relay	1:58.12	21-Jul-07	NH	K. Stitzlein, A. van den Valentyn, M. James, A. Richter
	100 Medley Relay	1:15.44	8-Jul-07	NH	M. James, A. Chan, A. Richter, K. Stitzlein
15-18	100 Free	1:04.42	30-Jun-07	NH	Kristen Gunn at Week 3 2007
	100 Back	1:13.75	14-Jul-07	NH	Kristen Gunn at WEEK 5 2007
	100 Breast	1:21.14	30-Jul-06	NH	Erin Schwartz at All-Star Individual 2006
	50 Fly	31.53	21-Jul-07	NH	Chelsea Kling at Divisionals 2007
	100 IM	1:15.28	21-Jul-07	NH	Chelsea Kling at Divisionals 2007
18 & U	250 Free Relay	2:41.32	28-Jul-07	NH	A. Richter, G. Howard, K. Gunn, M. James, K. Stitzlein
Open	200 Medley Relay	2:13.56	28-Jul-07	NH	K. Gunn, E. Schwartz, C. Kling, K. Hinkle

RECORDS Norbeck Hills**SC Meters-Boys**

8 & U	25 Free	17.34	16-Jul-05	NH	Collin Crilly at Week 5 2005
	25 Back	23.04	16-Jul-05	NH	Collin Crilly at Week 5 2005
	25 Breast	24.72	23-Jul-05	NH	Collin Crilly at Divisionals 2005
	25 Fly	19.44	1-Aug-99	NH	Kevin Vallario at All-Star Individual 1999
	100 IM	1:55.04	6-Jul-05	NH	Collin Crilly at Week 3B 2005
	100 Medley Relay	1:49.42	8-Jul-07	NH	K. Naughton, D. Pletcher, M. Demarco, T. Erb
9-10	50 Free	32.84	30-Jun-01	NH	Kevin Vallario at Week 3 2001
	25 Back	18.62	14-Jul-07	NH	Collin Crilly at WEEK 5 2007
	25 Breast	20.45	21-Jul-07	NH	Collin Crilly at Divisionals 2007
	25 Fly	16.15	21-Jul-01	NH	Kevin Vallario at Divisionals 2001
	100 IM	1:25.53	21-Jul-01	NH	Kevin Vallario at Divisionals 2001
	100 Medley Relay	1:23.02	9-Jul-00	NH	W. Gross, E. Roller, K. Vallario, A. Vekeman
11-12	50 Free	27.85	3-Aug-03	NH	Kevin Vallario at All-Stars 2003
	50 Back	34.53	21-Jun-03	NH	Kevin Vallario at Week 1 2003
	50 Breast	38.34	5-Jul-03	NH	Kevin Vallario at Week 3 2003
	50 Fly	31.47	3-Aug-03	NH	Kevin Vallario at All-Stars 2003
	100 IM	1:11.79	3-Aug-03	NH	Kevin Vallario at All-Stars 2003
	200 Medley Relay	2:42.98	6-Jul-03	NH	K. Vallario, M. Venezia, E. Van Den Valentyn, E. Roller
13-14	50 Free	25.54	31-Jul-05	NH	Kevin Vallario at All-Stars 2005
	50 Back	31.53	23-Jul-05	NH	Kevin Vallario at Divisionals 2005
	50 Breast	34.61	22-Jul-06	NH	Charles Nagelvoort at Divisionals 2006
	50 Fly	28.66	31-Jul-05	NH	Kevin Vallario at All-Stars 2005
	100 IM	1:06.91	31-Jul-05	NH	Kevin Vallario at All-Stars 2005
	200 Medley Relay	2:16.10	30-Jul-05	NH	K. Vallario, M. Venezia, E. Van Den Valentyn, E. Roller

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14 & U	175 Free Relay	1:52.97	2-Aug-03	NH	J. Heller, K. Vallario, M. Ruland, P. Ahlers
	100 Medley Relay	1:14.12	2-Aug-03	NH	J. Heller, M. Ruland, K. Vallario, P. Ahlers
15-18	100 Free	53.22	8-Jul-00	NH	Mark Liscinsky at Week 4 2000
	100 Back	57.96	1-Aug-99	NH	Mark Liscinsky at All-Stars 1999
	100 Breast	1:12.00	14-Jul-07	NH	Kevin Vallario at WEEK 5 2007
	50 Fly	27.25	29-Jul-07	NH	Kevin Vallario at All-Star Individual 2007
	100 IM	58.12	10-Jul-99	NH	Mark Liscinsky at Week 4 1999
18 & U	250 Free Relay	2:32.42	2-Aug-03	NH	P. Ahlers, K. Vallario, M. Pannarella, M. Ruland, J. Heller
Open	200 Medley Relay	2:03.47	21-Jul-07	NH	W. Chan, K. Vallario, E. van den Valentyn, R. Crouch

*****LEAGUE RECORD*******SC Meters-Mixed**

8 & U	100 Free Relay	1:16.57	28-Jul-01	NH	D. Ruland, A. Shaughness, J. Hinkle, J. Heller
9-10	200 Free Relay	2:23.12	28-Jul-01	NH	H. Denman, E. Van Den Valentyn, K. Gunn, K. Vallario
11-12	200 Free Relay	2:11.14	2-Aug-03	NH	E. Van Den Valentyn, E. Schwartz, K. Gunn, K. Vallario
13-14	200 Free Relay	2:00.00	30-Jul-05	NH	E. Van Den Valentyn, M. Walsh, K. Gunn, K. Vallario
15-18	200 Free Relay	1:53.07	8-Jul-07	NH	W. Chan, K. Gunn, K. Hinkle, K. Vallario
Open	200 Medley Relay	2:08.31	8-Jul-07	NH	K. Gunn, K. Vallario, C. Kling, W. Chan