

**RECORDS Norbeck Hills****SC Meters-Girls**

8 & U	25 Free	17.18	<b>1-Aug-99</b>	NH	Heather Denman at All-Stars 1999
	25 Back	21.15	<b>1-Aug-99</b>	NH	Heather Denman at All-Stars 1999
	25 Breast	24.01	<b>1-Aug-99</b>	NH	Heather Denman at All-Stars 1999
	<b>25 Fly</b>	<b>18.55</b>	<b>21-Jul-07</b>	<b>NH</b>	<b>Audrey Richter at Divisionals 2007</b>
	<b>100 IM</b>	<b>1:47.78</b>	<b>11-Jul-07</b>	<b>NH</b>	<b>Audrey Richter at Week 4B 2007</b>
	100 Medley Relay	1:33.78	<b>29-Jul-06</b>	NH	M. Crilly, N. Nagelvoort, A. Richter, L. Lazas
Mixed	100 Free Relay	1:16.57	<b>28-Jul-01</b>	NH	D. Ruland, A. Shaughness, J. Hinkle, J. Heller
9-10	50 Free	31.13	<b>21-Jul-01</b>	NH	Heather Denman at Divisionals 2001
	25 Back	17.46	<b>30-Jun-01</b>	NH	Heather Denman at Week 3 2001
	25 Breast	18.59	<b>14-Jul-01</b>	NH	Heather Denman at Week 5 2001
	25 Fly	15.31	<b>29-Jul-01</b>	NH	Heather Denman at All-Stars 2001
	100 IM	1:18.40	<b>30-Jun-01</b>	NH	Heather Denman at Week 3 2001
	100 Medley Relay	1:18.53	<b>28-Jul-01</b>	NH	H. Denman, K. Dobbs, K. Gunn, N. Naughton
Mixed	200 Free Relay	2:23.12	<b>28-Jul-01</b>	NH	H. Denman, E. Van Den Valentyn, K. Gunn, K. Vallario
11-12	50 Free	29.38	<b>22-Jun-02</b>	NH	Heather Denman at Week 2 2002
	50 Back	34.34	<b>29-Jun-02</b>	NH	Heather Denman at Week 3 2002
	50 Breast	38.57	<b>22-Jun-02</b>	NH	Heather Denman at Week 2 2002
	50 Fly	32.03	<b>22-Jun-02</b>	NH	Heather Denman at Week 2 2002
	100 IM	1:14.06	<b>29-Jun-02</b>	NH	Heather Denman at Week 3 2002
	200 Medley Relay	2:34.93	<b>27-Jul-02</b>	NH	R. Koval, E. Schwartz, H. Denman, K. Gunn
Mixed	200 Free Relay	2:11.14	<b>2-Aug-03</b>	NH	E. Van Den Valentyn, E. Schwartz, K. Gunn, K. Vallario

**RECORDS Norbeck Hills**

13-14	50 Free	30.72	<b>23-Jul-05</b>	NH	Kristen Gunn at Divisionals 2005
	50 Back	34.46	<b>23-Jul-05</b>	NH	Kristen Gunn at Divisionals 2005
	50 Breast	38.78	<b>16-Jul-05</b>	NH	Erin Schwartz at Week 5 2005
	<b>50 Fly</b>	<b>33.37</b>	<b>21-Jul-07</b>	<b>NH</b>	<b>Moira James at Divisionals 2007</b>
	100 IM	1:17.37	<b>16-Jul-05</b>	NH	Kristen Gunn at Week 5 2005
	200 Medley Relay	2:22.58	<b>6-Jul-03</b>	NH	R. Koval, M. Mericle, C. Kling, K. Hinkle
Mixed	200 Free Relay	2:00.00	<b>30-Jul-05</b>	NH	E. Van Den Valentyn, M. Walsh, K. Gunn, K. Vallario
14 & U	<b>175 Free Relay</b>	<b>1:58.12</b>	<b>21-Jul-07</b>	<b>NH</b>	<b>K. Stitzlein, A. van den Valentyn, M. James, A. Richter</b>
	<b>100 Medley Relay</b>	<b>1:15.44</b>	<b>8-Jul-07</b>	<b>NH</b>	<b>M. James, A. Chan, A. Richter, K. Stitzlein</b>
15-18	<b>100 Free</b>	<b>1:04.42</b>	<b>30-Jun-07</b>	<b>NH</b>	<b>Kristen Gunn at Week 3 2007</b>
	<b>100 Back</b>	<b>1:13.75</b>	<b>14-Jul-07</b>	<b>NH</b>	<b>Kristen Gunn at WEEK 5 2007</b>
	100 Breast	1:21.14	<b>30-Jul-06</b>	NH	Erin Schwartz at All-Star Individual 2006
	<b>50 Fly</b>	<b>31.53</b>	<b>21-Jul-07</b>	<b>NH</b>	<b>Chelsea Kling at Divisionals 2007</b>
	<b>100 IM</b>	<b>1:15.28</b>	<b>21-Jul-07</b>	<b>NH</b>	<b>Chelsea Kling at Divisionals 2007</b>
Mixed	<b>200 Free Relay</b>	<b>1:53.07</b>	<b>8-Jul-07</b>	<b>NH</b>	<b>W. Chan, K. Gunn, K. Hinkle, K. Vallario</b>
Mixed	<b>200 Medley Relay</b>	<b>2:08.31</b>	<b>8-Jul-07</b>	<b>NH</b>	<b>K. Gunn, K. Vallario, C. Kling, W. Chan</b>
18 & U	<b>250 Free Relay</b>	<b>2:44.58</b>	<b>8-Jul-07</b>	<b>NH</b>	<b>A. Richter, G. Howard, K. Gunn, M. James, K. Stitzlein</b>
Open	<b>200 Medley Relay</b>	<b>2:15.09</b>	<b>8-Jul-07</b>	<b>NH</b>	<b>K. Gunn, E. Schwartz, C. Kling, K. Hinkle</b>

**RECORDS Norbeck Hills****SC Meters-Boys**

8 & U	25 Free	17.34	<b>16-Jul-05</b>	NH	Collin Crilly at Week 5 2005
	25 Back	23.04	<b>16-Jul-05</b>	NH	Collin Crilly at Week 5 2005
	25 Breast	24.72	<b>23-Jul-05</b>	NH	Collin Crilly at Divisionals 2005
	25 Fly	19.44	<b>1-Aug-99</b>	NH	Kevin Vallario at All-Star Individual 1999
	100 IM	1:55.04	<b>6-Jul-05</b>	NH	Collin Crilly at Week 3B 2005
	100 Medley Relay	1:49.42	<b>8-Jul-07</b>	NH	K. Naughton, D. Pletcher, M. Demarco, T. Erb
Mixed	100 Free Relay	1:16.57	<b>28-Jul-01</b>	NH	D. Ruland, A. Shaughness, J. Hinkle, J. Heller
9-10	50 Free	32.84	<b>30-Jun-01</b>	NH	Kevin Vallario at Week 3 2001
	<b>25 Back</b>	<b>18.62</b>	<b>14-Jul-07</b>	<b>NH</b>	<b>Collin Crilly at WEEK 5 2007</b>
	<b>25 Breast</b>	<b>20.45</b>	<b>21-Jul-07</b>	<b>NH</b>	<b>Collin Crilly at Divisionals 2007</b>
	25 Fly	16.15	<b>21-Jul-01</b>	NH	Kevin Vallario at Divisionals 2001
	100 IM	1:25.53	<b>21-Jul-01</b>	NH	Kevin Vallario at Divisionals 2001
	100 Medley Relay	1:23.02	<b>9-Jul-00</b>	NH	W. Gross, E. Roller, K. Vallario, A. Vekeman
Mixed	200 Free Relay	2:23.12	<b>28-Jul-01</b>	NH	H. Denman, E. Van Den Valentyn, K. Gunn, K. Vallario
11-12	50 Free	27.85	<b>3-Aug-03</b>	NH	Kevin Vallario at All-Stars 2003
	50 Back	34.53	<b>21-Jun-03</b>	NH	Kevin Vallario at Week 1 2003
	50 Breast	38.34	<b>5-Jul-03</b>	NH	Kevin Vallario at Week 3 2003
	50 Fly	31.47	<b>3-Aug-03</b>	NH	Kevin Vallario at All-Stars 2003
	100 IM	1:11.79	<b>3-Aug-03</b>	NH	Kevin Vallario at All-Stars 2003
	200 Medley Relay	2:42.98	<b>6-Jul-03</b>	NH	K. Vallario, M. Venezia, E. Van Den Valentyn, E. Roller
Mixed	200 Free Relay	2:11.14	<b>2-Aug-03</b>	NH	E. Van Den Valentyn, E. Schwartz, K. Gunn, K. Vallario

**RECORDS Norbeck Hills**

13-14	50 Free	25.54	<b>31-Jul-05</b>	NH	Kevin Vallario at All-Stars 2005
	50 Back	31.53	<b>23-Jul-05</b>	NH	Kevin Vallario at Divisionals 2005
	50 Breast	34.61	<b>22-Jul-06</b>	NH	Charles Nagelvoort at Divisionals 2006
	50 Fly	28.66	<b>31-Jul-05</b>	NH	Kevin Vallario at All-Stars 2005
	100 IM	1:06.91	<b>31-Jul-05</b>	NH	Kevin Vallario at All-Stars 2005
	200 Medley Relay	2:16.10	<b>30-Jul-05</b>	NH	K. Vallario, M. Venezia, E. Van Den Valentyn, E. Roller
Mixed	200 Free Relay	2:00.00	<b>30-Jul-05</b>	NH	E. Van Den Valentyn, M. Walsh, K. Gunn, K. Vallario
14 & U	175 Free Relay	1:52.97	<b>2-Aug-03</b>	NH	J. Heller, K. Vallario, M. Ruland, P. Ahlers
14 & U	100 Medley Relay	1:14.12	<b>2-Aug-03</b>	NH	J. Heller, M. Ruland, K. Vallario, P. Ahlers
15-18	100 Free	53.22	<b>8-Jul-00</b>	NH	Mark Liscinsky at Week 4 2000
	100 Back	57.96	<b>1-Aug-99</b>	NH	Mark Liscinsky at All-Stars 1999
	<b>100 Breast</b>	<b>1:12.00</b>	<b>14-Jul-07</b>	<b>NH</b>	<b>Kevin Vallario at WEEK 5 2007</b>
	<b>50 Fly</b>	<b>27.40</b>	<b>21-Jul-07</b>	<b>NH</b>	<b>Kevin Vallario at Divisionals 2007</b>
	<b>100 IM</b>	<b>58.12</b>	<b>10-Jul-99</b>	<b>NH</b>	<b>Mark Liscinsky at Week 4 1999</b>
Mixed	<b>200 Free Relay</b>	<b>1:53.07</b>	<b>8-Jul-07</b>	<b>NH</b>	<b>W. Chan, K. Gunn, K. Hinkle, K. Vallario</b>
Mixed	<b>200 Medley Relay</b>	<b>2:08.31</b>	<b>8-Jul-07</b>	<b>NH</b>	<b>K. Gunn, K. Vallario, C. Kling, W. Chan</b>
Open	<b>200 Medley Relay</b>	<b>2:03.47</b>	<b>21-Jul-07</b>	<b>NH</b>	<b>W. Chan, K. Vallario, E. van den Valentyn, R. Crouch</b>
18 & U	250 Free Relay	2:32.42	<b>2-Aug-03</b>	NH	P. Ahlers, K. Vallario, M. Pannarella, M. Ruland, J. Heller

**\*\*\*LEAGUE RECORD\*\*\***