

Anaconda Calendar 2009 - Division H

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	May 11	12 Swim Team Registration @ NH 7 – 8:30 pm	13	14	15	16
May 17	18	19	20	21 Swim Team Registration @ NH 7 – 8:30 pm	22	23 Pool Opens!
May 24	25 Memorial Day	26 Practice Begins!!! ☺ "Advanced" Ref's Clinic @ Olney Indoor 7:00 – 9:30 pm	27 PM Practice until June 17 th	28	29	30
May 31 "Meet & Greet" with the new coaches – All invited!!!! 5:00pm	June 1 Dues go up as of today.....	2 Automation Clinic @ Gtown Indoor 7:00 – 9:00 pm	3	4	5	6
June 7 Official's Clinic (All positions) @ Olney Indoor 8:00 – 11:00 am	8	9 Automation Clinic @ MLK Indoor 7:00 – 9:00 pm	10 Official's Clinic (All positions) @ Georgetown Prep 6:30 – 9:30 pm	11	12	13 Time Trials Be at the pool by 7:30 am..... Parent Meeting 7:30 am - Poolside
June 14 Official's Clinic (All positions) @ Olney Indoor 8:00 – 11:00 am	15	16 Last Day of School	17 AM Practice Begins ☺ Pre-Team Practice Begins 10:30 am	18 \$1.00 Breakfasts	19 PM Pep Rally 6:30 – 7:30	20 'A' Meet - Home Palisades
June 21 Father's Day	22 Donut Day.....	23 Hershey Park Trip No Practice!!!!!!	24 'B' Meet – Away @ Norbeck Grove	25 \$1.00 Breakfasts	26 PM Pep Rally 6:30 – 7:30 Team Photo 9:30 am	27 'A' Meet - Home Inverness Forest
June 28	29	30	July 1 'B' Meet – Home Calverton	2 \$1.00 Breakfasts	3 PM Pep Rally 6:30 – 7:30	4 'A' Meet – Away @ Woodcliffe 4 th of July ENJOY
July 5	6 Popsicle Evening !!	7	8 'B' Meet – Home Connecticut Belair	9 \$1.00 Breakfasts	10 PM Pep Rally 6:30 – 7:30	11 'A' Meet - Away @ Eldwick
July 12 Relay Carnival @ Inverness Forest	13 **Rain Date** Relay Carnival @ Inverness Forest	14 Coaches Long Course Meet @ RMSC 5-9 pm	15 'B' Meet – Away @ Robin Hood	16 \$1.00 Breakfasts	17 PM Pep Rally 6:30 – 7:30	18 'A' Meet - Home Chevy Chase Rec
July 19	20	21	22 Boys vs Girls Meet	23	24	25 'A' Meet Divisionals @ Eldwick
July 26 Team Banquet @ Norbeck Hills Pool 5 – 9 pm	27	28	29	30	31	Aug 1 - 2 All Stars Relays/ Individuals @ RMSC

Evening Practice Begins at 6:00pm for 12 and under; at 7:00pm for over 12

Morning Practice: Group 3: 8:00 - 9:30; Group 2: 8:30 - 10:00; Group 1: 9:30 - 10:30

Pre-Team Practice: 10:30 – 11:00 am

“Home” A Meets: Warm Ups at 7:30am

“Home” B Meets: Warm Ups at 5:00pm

“Away” A Meets: Warm Ups at 8:00am (at destination pool) “Away” B Meets: Warm Ups at 5:00pm

Directions to Meets and Clinics at: www.MCSL.org

Check us out on the Web at: www.vikaza.com/NorbeckHillsAnacondas/

Contact Becky Ellett with any swim team questions: ellettr@nih.gov